

Ifetayo I. Ojelade, PhD



Dr. Ojelade (O-jay-lah-day) is a licensed psychologist who is a recognized expert in trauma, diagnosing Post-traumatic Stress Disorder (PTSD), and adult children of dysfunctional parents. She is a frequent guest expert on the Derrick Boazman Show, 1380 WAOK (Atlanta Market) and is affectionately known as Dr. Ife (E-faye). She is a sought after transformational speaker and workshop facilitator. Her techniques have been the basis of numerous presentations at scholarly conferences, continuing education workshops, and community forums.

Dr. Ojelade is the founder and clinical director of *A Healing Paradigm, LLC* (AHP); a wholistic wellness center providing counseling, assessment, educational, and fitness programming for the entire family. AHP's Wellness Center model includes counseling interventions targeting depression, anxiety, and post-traumatic stress disorder (PTSD).

Dr. Ojelade earned her doctorate in Counseling Psychology from Georgia State University. In addition, she earned a Bachelor's degree in Business Administration from Florida A&M University. As a Licensed Psychologist, Licensed Professional Counselor, and certified mediator, her clinical work focuses on psychological assessment and working with women in group and individual therapy. Her other areas of interest include the cultural dimensions of counseling persons of African ancestry and integrating indigenous healing practices into psychotherapy. Through her work, she has provided counseling as a trauma, mind/body, and group counselor. Her work includes private, non-profit, judicial, hospital, and university settings.

Dr. Ojelade is a member of The Association of Black Psychologists and former board member of the Council for the Psychology of Women and Girls for the Georgia Psychological Association. In addition, she is the past-president of The Metro Atlanta Chapter of The Association of Black Psychologists. Dr. Ojelade lives with her family in Atlanta, Georgia.

Brief List of Presentation Venues

Scholarly Conferences

- American Psychological Association
- American Counseling Association
- National Women's Studies Association

Continuing Education Workshops

- Georgia Psychological Association
- Association of Black Psychologists
- Anxiety & Stress Management Institute
- Licensed Professional Counselor's Association of GA

Presentation Topics

- Complex Trauma Assessment
- Preventing Secondary Trauma
- Preserving Cultural Healing Practices
- Leading with Confidence & Authority
- Managing Difficult Personalities At Work